BEAUX DIMANCHES

Music "Beaux Dimanches", from Dimanche A Bamako by Amadou & Mariam; chor. Paul Boizot 2014. Mp3 available on Amazon UK* or ITunes.

Rhythm 4/4 - each step 1 beat. Arms W bouncing down then up continuously. Open circle/line.

 $\cap \to$ sR, Lxf, sR, Lxb; sR, touch L, $\cap \leftarrow$ sL, touch R, some hip movement on side-touches. Touches are in the line of dance (i.e. not forward) a few inches away from standing foot

Paul Boizot 11.06.15

^{*} if you buy this mp3, or any other items from Amazon, via any Amazon link on my website at www.paulboizot.co.uk, I will get a commission. Direct link; http://www.amazon.co.uk/exec/obidos/redirect-home?tag=aromcircfolkd-21&placement=home multi.gif&site=amazon