

## HERE, NOW

Chor. Paul Boizot, 2012. Music; Here, Now by Jaiya, from the album Invocation: Songs For A Sacred Earth, available from Bandcamp and Amazon. The original recording is nearly 6 minutes long - I sometimes use a shortened version for dance.

There is a video of me demonstrating this dance at [www.paulboizot.co.uk/videos.htm](http://www.paulboizot.co.uk/videos.htm), also on my youtube channel [www.youtube.com/paulboizot](http://www.youtube.com/paulboizot).

Arms V. Formation; circle. Rhythm 4/4. 2 beats per step unless marked q (= quick, 1 beat). The dance crosses the music (i.e. the dance sequence does not fit to the melodic phrases). I start after 4 bars when the bass and accordion come in.

↺ sway L, ↻ sway R, small Lxb q, small sR q, ↻↑ rock in L, ↻↓ rock back R.

LYRICS by Lael Whitehead

Here, now, the wild things grow  
Here, now, the soft winds blow  
Here, now, the rivers flow  
Here, now, here, now

Here, now, the fire burns  
Here, now, the dawn returns  
Here, now, the spirit yearns  
Here, now, here, now

Here, now, blessed be  
This blood and bone, this root and leaf  
Here, now, blessed be  
This spiral dance of joy and grief

Here, now, the body breathes  
Here, now, the heart believes  
Here, now, the magic weaves  
Here, now, here, now

Here, now, the pain and hunger  
Here, now, the hope and wonder

Here, now, the soul's surrender  
Here, now, here, now

Here, now, blessed be  
These hands that form a sacred ring  
Here, now, blessed be  
These feet that dance, these hearts that sing,

Here, now, the laughing, crying  
Here, now, the falling, flying  
Here, now, the birth and dying  
Here, now, here, now

Here, now, the great sea rolling  
Here, now, this tale unfolding  
Here, now, this circle holding  
Here, now, here, now

Here, now, blessed be  
The flowering of the living tree  
Here, now, blessed be  
This light that flows through you and me

Paul Boizot revised 4.6.20