

## OCEAN TURN AGAIN

Music; Bring Life Anew Pt. 2 from Sensitive Chaos by Bob Minney. NB on the CD original there is a long section at the end which is just the sound of waves. You can dance on through this, or edit it to be shorter. Chor. Paul Boizot.

There is a video of me demonstrating this dance at <http://www.paulboizot.co.uk/videos.htm>

Waves flowing in and out... Four units of 4 beats, all are slow-slow-quick-quick-slow except the third one. Circle, arms V. Face centre throughout. Start after the phrase "ocean turn again" has been sung 4 times, on the word "turn" (i.e. part way through the 5<sup>th</sup> time).

1. ssqq 2 steps fwd. curving in diag. to right of centre R, L, then 3 steps straight back L, R, L;
2. ssqq fwd. L, back R, 3 steps in L, R, L.
3. diag back to right (so now moving away from centre) 3 slow steps R, L, R then 2 quick ones Lxf, sR;
4. ssqq straight back L, fwd. R, 3 steps back L, R, L.

So 2 and 4 are a sort of hesitate-step but in a flowing style – plenty of knee-bend needed.

ssqq = slow-slow-quick-quick-slow.

Paul Boizot, revised 22.07.10