## ROZJIMEJTE

Chor. Paul Boizot, 2011. Music "Rozjimejte", from Koleda, an excellent Christmas album by Tomas Kocko & Orchestra from the Czech Republic. CD and mp3 available from Indies Scope at indies.eu. The song is a Christmas carol. Online dictionaries translate the title as "meditate" or "contemplate", so I see the dance as a midwinter or winter meditation; though another translation gives "spread the word". The original recording is quite long (NB 6.57, not the 10.03 listed on the CD sleeve and elsewhere), so I have also used a couple of shorter edited versions.

Formation; circle or maybe open circle. Rhythm 3/4 - follow the bass. Steps are all in slow-quick (2 beats then 1 beat) rhythm. Dance crosses music – start with the singing after 4 bars of bass plus the odd beat or two, or at the beginning of any other musical phrase. Don't make the steps too big as that makes it harder to dance with eyes shut.

Arms V  $\cap \to$  sR s, Lxb q (right knee flexes a little); sR s (left foot may prepare for next step by curving in slightly),  $\cap \uparrow$  L q (can flex left knee a little);  $\downarrow$  R s,  $\cap \leftarrow$  small sway L q;  $\cap \to$  sR s, cl. L q a few inches away from R.

Paul Boizot revised 15.11.18