

## TWILIGHT

Chor.; Paul Boizot, 1999 approx. Music "Rikud Hashabbat" (I've seen various spellings for this), Israeli, used by some as alternative music for Ma Na'avu. Choreographed to a recording by Kol Aviv from an old Israeli Folk Dances LP – not available on CD or mp3 as far as I know. I would appreciate a clean copy of the recording if anyone has one! There is a shorter recording, titled "Rikud Shel Shabat" by Grupo Shalom, available on Amazon UK mp3. You can hear it at <https://www.youtube.com/watch?v=ynhlEGw1afU>. There is also an Israeli dance to this tune. Another recording is by Quartetto LeHaim, at <https://www.youtube.com/watch?v=WTPQeOoRLNg>. Bob Minney has a longer, fractionally slower, recording on "Twilight" – not sure if this is still available; it was also on his "Circle Dance Tunes" (no longer available).

Arms; V. Rhythm 4/4. Steps are slow (2 beats) except where marked q (= quick, 1 beat).

1.  $\odot \rightarrow R$  slip-step,  $\circ \rightarrow$  Lxf q, sR q, Lxb q, sR q, Lxf,  $\circ$  repl.R q,  $\circ \leftarrow$  sL q,  $\circ \uparrow$  R (small step just in front of L with minimal bending of knee,  $\circ \downarrow$  repl.L.

x 2.

So rhythm of part 1 is qqs, qqqq, sqq, ss.

On last beat of repeat of part 1 (after repl. L) you can lift up very slightly on ball of L and move arms very slightly backwards ready for next step.

2.  $\circ \uparrow$  (arms come up smoothly over 4 steps) R q, L q, R q, L q, (arms high, slightly forward from vertical),  $\circ \leftrightarrow$  sway R, sway L, sway R, (arms come down smoothly over 3 steps)  $\circ \downarrow$  L, R, L; (keep R in position forward of L ready for next step)  $\circ \uparrow$  rock forward R,  $\circ \downarrow$  rock back on L,  $\circ \leftrightarrow$  sway R, sway L,  $\circ \leftarrow$  rock Rxf,  $\circ$  repl.L,  $\circ \leftrightarrow$  sway R, sway L.

Point to note – last 2 steps of part 1 can easily get turned into larger "rock forward and back" steps by mistake.

Paul Boizot revised 30.03.24